



Tree Climbing for the Active Whidbey Senior

Who said climbing giant trees is only for young whippersnappers? Climbing old-growth trees at Deception Pass State Park is open to everyone, our oldest climber to climb on their own strength was 89 and the oldest for an assisted climb is 98. This unique activity will offer a powerful new perspective of nature rarely seen and an unforgettable experience that will be cherished for life.

If physical strength is a concern: Participant can pay \$80 extra ahead of time for the guides to set up a tree elevator, which will pull participants to the top of a +200ft giant old-growth tree.

Drop off location: Deception Pass State Park, North Beach Parking Lot

Food: Participants should bring water and snacks. Fruit and nuts are encouraged. Climbing can be an intensive and demanding activity that requires sustained energy. Snack should include slow burning foods that release calories over time like nut butter and fruit. Bars, snacks and drinks with added sugar or syrup are not recommended.

Equipment: Participants should bring extra layers in case of weather changes or rain and wear outdoorsy clothes that they do not mind getting dirty or scraped up. All climbing equipment will be provided at no extra charge. Sun protection (make sure any sunscreen won't sting your eyes when sweating)

Weather: In the event of rain, climbing will continue and participants should bring protective rain gear. If there is any sign of thunder or lightning, or very heavy rain, climbing will be canceled and rescheduled to a later day, no refunds of fees for weather. Participants will be contacted and informed of any adverse weather decisions.

Transportation: Participants are required to provide their own transportation to the meeting location at 9am. The meeting location is at North Beach parking-lot in Deception Pass State Park.

Park Fees: It is necessary to purchase an annual Discover Pass to park your vehicle in the state park. (\$35/year or #11.50/day) You can buy one online at <https://store.discoverpass.wa.gov/> IF you are having another family member or friend drop your family off, you all can skip the ticket booth and drive past the ticket booth on the right without purchasing a pass as long as they do not park for an extended amount of time.

Disclosure: This activity is not similar to ziplining and could be more challenging or even too difficult for people considered overweight or obese. Do you understand this potential barrier?

Location and Directions: Canopy Climbing is located in the State Park Deception Pass. Enter the entrance on the south side of the bridge through the ticket booth. A Discover Pass is required and can be purchased at the entrance ticket booth or online. After the main entrance, stay right until you reach a dead end with a cul-de-sac, also known as North Beach parking lot. Canopy climbing will be set up in this cul-de-sac, marked by signs. For a map of the park go to our canopy page, <https://www.adventureterra.com/canopyclimbing>