

Sleep in the Forest Canopy



Explore and experience what it means to climb up giant old growth trees all day and by night sleep in the forest canopy of the trees at Deception Pass State Park. Kids and parents are welcome to sign up. There will be two separate groups, one for families and another for only kids. Participants will get to sleep in tents or hammocks suspended between 30-75 ft high.

Food: Participants should bring water, snacks, and food for 4 meals. Climbing can be an intensive and demanding activity that requires

sustained long-lasting energy. Food should include slow burning foods that release calories over time like nuts, healthy trail mix, nut butter, and fruit. Bars, snacks and drinks with added sugar or syrup are not recommended.

Equipment: Participants should bring extra layers in case of weather changes or rain and wear outdoorsy clothes that they do not mind getting dirty or scraped up. All climbing equipment will be provided at no extra charge. Sun protection (make sure any sunscreen won't sting your eyes when sweating)

Weather: In the event of rain, climbing will continue and participants should bring protective rain gear. If there is any sign of thunder or lightning, or very heavy rain, climbing will be canceled and rescheduled to a later day, no refunds of fees for weather. Participants will be contacted and informed of any adverse weather decisions.

Transportation: Participants are required to provide their own transportation to the meeting location at 9am. The meeting location is at North Beach parking-lot in Deception Pass State Park.

Park Fees: It is necessary to purchase an annual Discover Pass to park your car in the state park. (\$35/year or \$11.50/day) You can buy one online at <https://store.discoverpass.wa.gov/> IF you are having another family member or friend drop your family off, you all can skip the ticket booth and drive past the ticket booth on the right without purchasing a pass as long as they do not park for an extended amount of time.

Disclosure: This activity is not similar to ziplining and could be more challenging or even too difficult for people considered overweight or obese. Do you understand this potential barrier?