

A* Level (Higher Level)

FOREHAND:

Consistently hits with depth and control. Is still perfecting shot selection and timing.

BACKHAND:

Has improved stroke mechanics and has moderate success at hitting a backhand consistently.

SERVE / RETURN:

Places a high majority of serves/returns with varying depth, speed.

DINK:

Increased consistency with moderate ability to control height/depth. May end dink rally too soon due to lack of patience. Is beginning to understand difference between attackable balls and those that are not.

3RD SHOT:

Selectively mixing up soft shots with power shots to create an advantage with inconsistent results.

VOLLEY:

Able to volley a variety of shots at different speeds. Is developing consistency and control. Starting to understand the block/re-set volley.

STRATEGY:

Aware of partner's position on the court and is able to move as a team. Demonstrates ability to change direction in an offensive manner. Demonstrates a broad knowledge of the rules of the game. Has a moderate number of unforced errors per game. Beginning to identify opponents' weaknesses and attempts to formulate game plan to attack weaknesses. Beginning to seek out more competitive play.

B Level* (Lower Level)

FOREHAND:

Improved stroke development with moderate level of shot control.

BACKHAND:

Learning stroke form and starting to develop consistency.

SERVE / RETURN:

Consistently gets serve/return in play with limited ability to control depth.

DINK:

Increased consistency, with limited ability to control height/depth. Sustains medium length rallies. Starting to understand variations of pace.

3RD SHOT:

Developing the drop shot in a way to get to the net.

VOLLEY:

Is able to volley medium paced shots thereby developing control.

STRATEGY:

Moves quickly towards the non-volley zone (NVZ) when opportunity is there. Acknowledges difference between hard game and soft game. Can sustain short rallies. Is learning proper court positioning.

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