

APRIL



AUG.

Activity Guide



Summer 2023

OUTDOOR ACTIVITIES • SPORTS & FITNESS • SUMMER CAMPS



WHIDBEY ISLAND TRIATHLON • SATURDAY, JULY 22

Mission Statement

Parks, facilities and recreation programs for the citizens of South Whidbey Island.

CONTACT INFO

SWPRD Recreation Center & Offices

Location/Mail 5475 Maxwellton Road,
Langley, WA 98260

Office Phone 360-221-5484

Fax 360-221-7323

E-mail swparks@whidbey.com

Website www.swparks.org

Office Hours Mon-Thu, 8:30 a.m.–5 p.m.
Fri, 8:30 a.m.–4:30 p.m.

Office Closed May 29, July 4, July 21
September 4

STAFF

Recreation Supervisor
Skye Dunn, 360-221-6788
recreation@whidbey.com

Business Manager
Carrie Monforte, 360-221-5484
swparks@whidbey.com

Facilities Superintendent
Tom Fallon, 360-221-7181
parkmaint@whidbey.com

Executive Director
360-221-6488
director@swparks.org

BOARD OF COMMISSIONERS

The SWPRD Board of Commissioners meets the third Wednesday of each month at 6pm in-person at the South Whidbey Parks and Recreation District business office. Commissioners are:

Jennifer Cox • Jake Grevé • Erik Jokinen
Krista Loercher • Matt Simms

www.swparks.org/meetingsminutes

RECREATION TRENDS

Do you have ideas or suggestions for new program directions? Is there something you'd like to see us try? Email us your ideas at recreation@swparks.org. We want to hear from you!

DISCLAIMERS

Updates & Errors

This schedule of classes is published for information purposes only. We strive to produce the most accurate brochure possible. However, some program information may have changed after this brochure has gone to print. We will make every effort to notify participants of the changes. Please check your email regularly for updates.

OH NO, YOU CANCELLED IT!

Sometimes programs are canceled because people delay signing up. All programs have minimum attendance. By registering at least 2 weeks in advance of a program, you ensure we meet our program minimum, and give us adequate time to prepare for you. Please register early to avoid disappointment.

STAY INFORMED

Subscribe to our e-newsletter and receive regular updates. Visit www.swparks.org to sign up for the e-newsletter. Follow us on Facebook, Twitter and Instagram.

INCLEMENT WEATHER & POWER OUTAGES

Programs may be canceled or postponed in the event of inclement weather or power outages.



REFUNDS & CREDITS

1. Full refunds will be given for all classes canceled by SWPRD or instructors. (If canceled by SWPRD or instructor mid-session, a pro-rated amount will be refunded)
2. Refunds requested and submitted in writing using the Refund Request Form before the registration deadline date (or at least 5 business days before start of program if no registration deadline) will be subject to a 10% service fee, with a minimum service fee of \$10.
3. SWPRD account credits requested and submitted in writing using the Refund Request Form before the registration deadline date (or at least 5 business days before start of program if no registration deadline) will be good for one calendar year from issue date, for the full fee paid and will not be subject to service fee.
4. Refunds or credits will not be issued if cancelled after registration deadline or within 5 business days of program start.
5. To request a refund, a Refund Request Form must be submitted to the SWPRD office in writing. Verbal requests will not be honored. Forms are available at the SWPRD office or online at swparks.org/recreation/registration. Please be aware that refund requests may take up to 45 days to process.
6. Refunds will not be issued from an account credit.
7. Refunds will not be issued for programs costing \$10 or less (unless canceled by SWPRD).
8. One day classes, trips, or special events are not covered under this policy (no refunds or credits available).
9. Certain contract programs, indicated with this symbol: \$, have their own refund policies. Contact the contractor directly to inquire about their specific policy.
10. Exceptions in certain instances may apply. See refund request form.

REGISTRATION INFO

1. Advance registration is required for all programs unless otherwise stated. It is best if you register at least two weeks in advance of any program start date.
2. All fees are due at the time of registration. We cannot "hold" a space for you without full payment and registration.
3. All programs have a minimum and maximum enrollment. We request that you register early to ensure class minimums are met. We reserve the right to cancel a program if minimums are not met.
4. There is a \$25 service charge on all returned checks and declined credit cards. Registration forms are available online at www.swparks.org.

HOW TO REGISTER

Online

For your convenience, you may register online for many of our programs, with no additional fees. Check out this service at www.swparks.org.

By Mail

Send completed registration form and full payment to: SWPRD, 5475 Maxwellton Road, Langley, WA 98260

By Fax or Email

Fax or email completed registration form with credit card authorization. Fax to 360-221-7323, or scan and email to swparks@swparks.org. Call the office at 360-221-5484 to confirm receipt.

In Person

Walk in to our SWPRD office at 5475 Maxwellton Road, Langley, during our regular business hours. We take cash, check or credit cards at the office.

FINANCIAL ASSISTANCE FOR PROGRAMS

There are needs-based resources available to enable youth and seniors (ages 60+) to participate in programs with SWPRD. Call 360-221-6788 for info.

HEALTHY ISLAND YOUTH SCHOLARSHIP FUND

The Healthy Island Youth Initiative (HIYI) Committee solicits donations to support ongoing efforts to keep organized healthy activities affordable for all local youth in Island County. The HIYI Scholarship Fund addresses these needs by helping cover the cost of registration fees, equipment and/or other expenses so that youth in Island County can participate in organized physical activities, regardless of their family's economic status. The South Whidbey Parks & Aquatics Foundation, a 501(c)3 organization, is the fiscal agent for HIYI, and receives, holds and distributes funds upon direction from the HIYI committee. Donations to this fund may be tax deductible. Donations to the scholarship fund should be made payable to South Whidbey Parks & Aquatics Foundation, and should be mailed to 5475 Maxwellton Rd, Langley WA 98260, with a note on the memo line directing it to the "HIYI Scholarship Fund". Any Whidbey Island youth may apply for assistance to participate in any organized sport or physical activity. The needs-based scholarships are awarded based on financial criteria and commitment to the activity. Those interested in receiving financial assistance should call Skye at 360-221-6788 or visit www.islandcountywa.gov/Health/AHC/Pages/HIYI-Scholarship.aspx.

ACCESSIBILITY & ACCOMODATION

Individuals with or without disabilities may register for all programs offered by South Whidbey Parks & Recreation District provided program safety can be met. The District provides reasonable accommodations for people with disabilities. Contact the SWPRD office three weeks in advance of the program start date to discuss accommodations. Reasonable accommodations will be determined on a case-by-case basis.



WHIDBEY ISLAND LANGUAGE, ART & STEM CENTER

Spanish,
CHINESE,
coding,
arts & crafts
MUSIC

JUL 31 - AUG 17, 2023
AGE 5-14

languages, stem, & ART
new SUMMER CAMPS for kids IN SOUTH WH
Register today at www.wilasc.com

RESERVATIONS

We request all groups planning to use our facilities or fields notify us in advance by submitting a Reservation Request Form, which is available on our website and at our park office. Reservations are required for groups of 20+. Requests are filled on a first-come, first-served basis, depending on availability. Reservation fees may apply. For additional information about availability and rates, call 360-221-5484 or visit www.swparks.org.

Sports Fields

We have softball, baseball, soccer, and open fields available. Scheduling information for leagues, tournaments and teams is available by calling 360-221-6788.

Facilities

You can rent space for parties, meetings, classes, and events at our recreation headquarters or The Crow's Nest (located on the 2nd floor of the Concession Stand) at Community Park.

Picnic Shelters

Our picnic shelters are available for reservation for your party or event. Picnic shelters can accommodate 45-75 people.

Summer Camp at Whidbey Island Waldorf School

July 3 – August 3

for children ages 3-14

DINO scholarships &
limited adjusted tuition available

To register:

wiws.org/summercamps



ADULT FITNESS & SPORTS

INTRO TO PICKLEBALL

Beginner Player Course

ADULTS, BEGINNERS

Learn as you play and become a Pickler in no time! If you are new to the game or would like to brush up on your skills, this is the course for you! You will learn the basics of pickleball rules, terminology, primary skills, coordination, introduction to the court, and more. After completing the class, we hope you'll join us for our regular Pickleball program!

Bring: Paddle (loaner paddles are available by request at registration), water bottle, seating for sidelines (optional). We will provide nets and balls.

Instructor: Barry Haworth, cbhaworth@verizon.net, with assistance from other avid picklers.

Location: South Whidbey Sports Complex (soccer fields). The courts are painted in the SW parking lot.

Rain-Out Plan: Class may be postponed due to inclement weather. Check your email one hour prior to class if conditions are uncertain. We will attempt to re-schedule Monday classes to Wednesday, and Wednesday classes to the Friday.

Mon/Wed | May 15 & 17 | 1-3pm | \$25

PICKLEBALL SKILL BUILDING FOR BEGINNERS

ADULTS, BEGINNERS

If you've wondered about the fastest growing sport in the world, now is the time to learn! Pickleball is an exciting game - come learn and practice the skills necessary to improve your game as an advanced beginner! We will use skills and drills to introduce specific concepts of the game and improve your recreational play. This will include positions, serve development, net play, ground strokes, and lobs.

Bring: Paddle (loaner paddles are available by request at registration), water bottle, athletic clothing and shoes. We will provide nets and balls.

Instructor: Terri Arnold

Location: South Whidbey Community Center Multipurpose Gym at 723 Camano Ave, Langley.

Tuesdays | May 2-June 6 | 5:30-7pm | \$65

INTRO TO NORDIC FITNESS WALKING

Total Body Fitness

ADULTS 18+

Nordic walking with poles is a great way to exercise on your own or with others. It's fun, effective, and easy to get started. Developed

by Finnish cross-country skiers as summer fitness training, it provides an excellent full-body workout. Regular walking uses 45%-50% of your muscles; Nordic walking uses 90%. Health benefits include improved cardiovascular function, increased calorie burning, muscle strength, coordination and stability.

You will acquire a good basic technique by completing this two-session course. Class is appropriate for both casual and active walkers. Whidbey Island is the perfect place to Nordic walk!

Bring: Water bottle, cloth face covering, hand sanitizer, weather-appropriate attire (layers), comfortable walking shoes. Please note: the walking technique and poles differ from those used in trekking. Borrow the specially designed poles for the class sessions, then, if desired, purchase later to carry on.

Instructor: Volunteer instructor, Cathy Haworth, is certified as a Basic Nordic Walking Instructor through the American Nordic Walking Association, then recertified with Nordixx Canada. whidbeynordicwalking@gmail.com

Location: South Whidbey Sports Complex Picnic Shelter

Rain-Out Plan: Check your email 1 hour before class if weather is uncertain. We will reschedule to the following week if weather is very poor.

Mon/Wed | June 5 & 7 | 1-2:15pm | \$30

Check the website for additional sessions.

- ⊗ Tire sales and alignments
- ⊗ 36 month, unlimited mileage warranty
- ⊗ Customer rental cars available



- ⊗ All dealer-required maintenance provided
- ⊗ Oil changes while you wait (by appointment)

6446 Harding, Clinton (near the ferry) Monday-Friday 8:30-5:00

360-341-3504 • mattsimporthaven.com

OUTDOOR DROP-IN PICKLEBALL

ADULTS, ALL LEVELS WELCOME

Join us for one of the fastest growing sports in the nation, Pickleball. This fun and social game is described as a combination of ping-pong, tennis, and badminton. Played on a small court with a low net, it uses whiffle balls and paddles. It is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. Game play is typically doubles, 4-6 players to a court, splitting and rotating after wins.

Bring: Water bottle.

Location: South Whidbey Sports Complex (soccer fields) at 5598 Langley Rd, Langley. The courts are painted in the SW parking lot.

Fee: \$3/day, exact change paid at check-in.

Limited Space – Max. 24 players per day

VISIT WWW.SWPARKS.ORG/PICKLEBALL FOR CALENDAR AND CURRENT SCHEDULE.*

**Subject to cancelation due to inclement weather. Updates posted 30 minutes prior to scheduled start time at swparks.org/event/pickleball*

INDOOR DROP-IN PICKLEBALL

ADULTS, ALL LEVELS WELCOME

Bring: Water bottle.

Location: South Whidbey Community Center Multipurpose Gym at 723 Camano Ave, Langley.

Fee: \$6/day, exact change paid at check-in.

Limited Space – Max. 18 players per day

VISIT WWW.SWPARKS.ORG/PICKLEBALL FOR CALENDAR AND CURRENT SCHEDULE.*



PICKLEBALL

NET CHECK-OUT

You may check out a portable pickleball net to use at the primitive outdoor courts at the South Whidbey Sports Complex. The courts are painted in the SW parking lot. You'll provide your own paddles and balls. The net may be checked out during our normal business hours, free of charge.

GEAR DISCOUNT

Our Picklers can use a discount to receive 5 percent off everything at www.PickleballCentral.com. An additional 5 percent of your purchase will go to us in the form of an end-of-year gift certificate.

Club Name: South Whidbey Parks & Rec
Discount Code: CRSWhidbey

DROP-IN BASKETBALL

ADULTS 18+

We're bringing back some pick-up basketball! We will provide basketballs and pinnies. Full court or half court games depending on the number of players. If no full court game is being played, attendees can just shoot freely at open baskets. Players must sign liability waiver prior to play.

Bring: Water and non-skid athletic shoes.

Location: South Whidbey Community Center Main Upstairs Gym at 723 Camano Ave, Langley.

Fee: \$5 drop-in -or-

\$49 for all June-Aug Sessions*

*Must register online or at business office

Saturdays June 3 - Aug 26 | Time 3-5pm

DROP-IN VOLLEYBALL

ADULTS 18+

Players must sign liability waiver prior to play.

Bring: Water and non-skid athletic shoes.

Location: South Whidbey Community Center Main Upstairs Gym at 723 Camano Ave, Langley.

Fee: \$5 drop-in or \$25 for a monthly pass*

Tues/Thur, 6-9pm | Sun, 4:30-6:30pm

*Must purchase online or at business office.

ADULT COED SOFTBALL

ADULTS 18+

Come show us you still have it! Get exercise and blow off some workday steam at the best fields around. Pull a team together or join the pick-up list. This is a clean, community oriented, alcohol-free league. We follow ASA rules for softball with some exceptions (handbook will be posted online). Emphasis is on healthful competition in a recreational atmosphere. We provide one umpire per game to facilitate fair and spirited games. Teams typically play two games per evening, for a minimum of 12 games, plus tournament.

Register your team by June 2! Mandatory Team Manager's meeting Tuesday, June 6, 6pm.

Fees cover field use, game balls, umpire, scorebooks, administrative costs and tournament. Uniforms/shirts are not provided by SWPRD.

Coordinator: Recreation Supervisor, 360-221-6788, skyed@swparks.org

Location: South Whidbey Community Park

GAMES

Wednesdays or Fridays* | 6pm, 7:15pm* | June 16–Aug 12* | \$700 per team, max 20 per roster

*Additional tournament Friday evening, Aug. 11 and/or Saturday, Aug 12. Teams will have byes. No games July 19 & 21, alternate date will be provided if needed. Games may start as early as 5:30pm in August. Practices may take place other days as scheduled by team.

LM PREMIER 3-ON-3 BASKETBALL TOURNEY

ADULTS & YOUTH 16+

Enjoy great competition and test your skills against local players! Four players to a team. Bring your game to Whidbey Island! This fundraiser benefits South Whidbey Parks and Recreation programs and projects. Contact coordinator, Louis Muniz, to sign up your team.

Bring: Water bottle and towel.

Coordinator: Louis Muniz, 360-969-1028; louismuniz@windermere.com

Location: The South Whidbey Community Park Outdoor Rotary Court

Fee: \$100 per team. Contact Louis to register.

Saturday | July 15* | Opening round: 10am

*Tournament will be rescheduled in the event of significant rain.



There Are Many Ways To Help Whidbey Island's Shelter Animals!

- 🐾 ADOPT! 🐾 VOLUNTEER!
- 🐾 SHOP OUR THRIFT STORES!
- 🐾 DONATE YOUR GENTLY USED ITEMS TO OUR THRIFT STORES!

Visit www.waifanimals.org
for Shelter & Thrift Store locations near you!
360-678-8900



One day one island... choose your challenge!

Tour de Whidbey

August 19th, 2023

are you in?

33, 50, 67, 100 mile routes & a family-friendly 10 mile

162 miles 10,000 feet elevation

WhidbeyHealth FOUNDATION



www.tourdewhidbey.org

ART

ZENTANGLE

*Create a piece of art today!***ADULTS & YOUTH 16+***

Think you can't draw or aren't good at visual arts? Need a way to release stress and relax daily? Then this class is for you! If greater creativity and balance are among your goals, look no further than Zentangle. The Zentangle Method® is an easy-to-learn, relaxing, and fun way to create beautiful

images by drawing structured patterns. You will learn the fundamentals of art and basic drawing techniques, including line, contour, value, texture, form, and shapes. You will also learn to quickly enter a positive immersive flow state as you create with pen and paper. In this Art Enrichment program, you will learn the skills that set a solid foundation for other visual mediums. Drawing reduces stress and increases calm, improves brain function, creative thinking, well-being, and problem-solving skills. Anyone can draw and create beautiful art with the Zentangle® method! *Kids ages 7-16 may enroll with a registered parent.

Supply List: Please contact instructor in advance for supply list and to notify if you need supplies

Instructor: Quinn Fitzpatrick has been teaching drawing for 22 years and graduated from the University of Washington's Natural Science Illustration

Location: SWPRD Room 111

BEGINNING DRAWING WITH ZENTANGLE

Sun | July 16 | 4-6pm | \$65*

**Does not include \$15 materials fee for fine art pencils, pens, erasers, tortillions, and paper*

FOREST DRAWING

Sun | July 30 | 4-6pm | \$65*

**Does not include \$15 materials fee for fine art pencils, pens, erasers, tortillions, and paper*

MANDALA PAINTING

Sun | July 16 | 1-4pm | \$90*

**Does not include \$25 materials fee for canvas, paint, brushes, palettes, Mandala templates*



THERE IS NOTHING LIKE
 🐾 OAK HARBOR YOUTH 🐾
 🐾 FOOTBALL & CHEER! 🐾
 SIGN UP & EXPERIENCE IT
 FOR YOURSELF!

Tackle Football & Cheerleading for Ages 7-14

For more information visit

OHFCL.org



YOUTH SPORTS

INTRO TO PICKLEBALL FOR YOUTH

Beginner Player Course

AGES 10-13

Learn as you play and have your child become a Pickler in no time! Students will learn the basics of pickleball rules, terminology, primary skills, coordination, introduction to the court, and more.

Bring: Paddle (loaner paddles are available by request at registration), water bottle and non-skid athletic shoes. We will provide nets and balls.

Instructor: Terri Arnold

Location: South Whidbey Community Center Multipurpose Gym at 723 Camano Ave, Langley.

Mon/Wed | June 19 & 21 | 9:30-11am | \$25



AQUATICS

OPEN WATER SWIMMING

ADULTS 18+

Swimming in the open water is a way to experience a world of wonder many never see. When you immerse yourself in one of the bodies of water found across the Pacific Northwest, you can find beauty, happiness, wellness, fitness, peace and serenity and... cold water, waves, barnacled rocks, boat traffic and jellyfish. How do you deal with those latter elements to get to all the beauty and happiness and wellness and all that? Simple. Attend an Open Water Swim Clinic sponsored by the South Whidbey Parks & Aquatics Foundation!

Essential updates & full details at www.swparks.org/open-water-swimming

Clinic topics include: Dealing with the elements • Getting past the panic • Safety • Weather & critters • Swim gear • Putting on your wetsuit and your other gear • Currents & tides • Breathing and sighting techniques • Places to swim around Whidbey and beyond

Bring: Goggles, ear plugs, towel. Wetsuit required for the swims in Puget Sound and are optional, but encouraged for the lake swim.

Instructors: The team for each clinic session is comprised of experienced open water swimmers and veterans of triathlons including Ironman. On-water kayak/SUP support will be provided during each of these events.

Required:

- Participants must already know how to swim
- Participants must have current membership in U.S. Masters Swimming to provide insurance and liability coverage for the events

- Participants in the guided saltwater swims must have open water swimming experience or have attended one of the open water clinics.

CLINICS

Pre-Clinic Info Session (Zoom meeting)

Thu | May 18 | 6-7pm | FREE
(registration required)

This session will cover basic topics and answer questions about equipment including: Overview of the clinics • Overview of

the guided swims • Open water swim gear, including wetsuits (sizing, selecting, etc.) • Where to swim, and the differences between a lake, a river, and the ocean • Safety in the open water • Facing fear

GOSS LAKE FRESHWATER CLINIC WITH TRIATHLON FOCUS

Sat | June 10 | 9am-noon | \$50

SEAWALL PARK SALTWATER CLINIC

Sun | June 11 | 9am-noon | \$50

FARE FREE • CONVENIENT • ENVIRONMENTALLY FRIENDLY



Relax, unwind, and explore beautiful Whidbey Island.

Explore a beautiful coastal island, full of history, forests, prairies, and beautiful beaches. Discover small charming towns, quaint shops, and delicious cuisine.

Grab your gear and hop on board – IT'S FREE!



Each bus is equipped with a bike rack and can safely accommodate two wheelchairs or mobility devices.



VISIT WWW.ISLANDTRANSIT.ORG OR CALL 360-678-7771

OPEN WATER SWIMMING

This is a series of guided open water swims on the East and West side beaches of Whidbey Island, to follow and build on the experience you gained at the earlier clinics. Participants will learn about the specifics of tides, currents, and other conditions commonly found at these public swim locations and will be shown the details of various swim routes at each site. Guides will cover the details of swim planning at open water sites, accounting for tides, current, weather, underwater hazards, sea life, boat traffic, and other factors. Post-swim refreshments will be provided for all participants.

BUSH POINT

Sat | July 1 | 9am–noon | \$35

HIDDEN BEACH

Sat | Aug 19 | 9am–noon | \$35

Clinics benefit the South Whidbey Parks & Aquatics Foundation, whose mission is to make parks and aquatics activities accessible to all residents of the South Whidbey Island community by raising money to fund capital expenses, operating endowments, and scholarships, and is currently working to build a community pool on South Whidbey. www.swpaf.org – info@swparksandaquatics.org

SWIM LESSON REGISTRATION OPENS THURSDAY, APRIL 27 AT 9AM

Swim lessons fill very quickly!

SWIM LESSONS

AGES 4+, LEVELS 1-5, 6/PRE-SWIM TEAM

Because we are limited in our lesson capacity, **we will limit to one lesson package per child for an early initial registration period.** Starting May 4 at 9 a.m., you may enroll your child for additional swim lessons.

Learn to swim in an outdoor swimming pool at Useless Bay Golf & Country Club. South Whidbey Learn to Swim lessons teach aquatic and safety skills in a logical progression. Our objective is to teach children to be safe in and around water, have fun, and learn basic swimming skills. Children can progress through 6 levels of swimming and safety skills. All classes will participate in Safety Day on the last day of each session. Each class will talk about age-appropriate safety skills as it pertains to pools, beaches, and boating. Certificates will be handed out on the last day of each session.

Please carefully review the website www.swparks.org/swim-lessons/ for updates on details and changes.

Registration: Choose the level most appropriate for your child's ability. If unsure, view the swim lesson class descriptions and skills online at www.swparks.org/swim-lessons. Students' progress through levels at different speeds. When registering for multiple sessions please keep in mind:

Level 3 introduces side breathing and often needs to be repeated.

Level 4, 5 and 6/Pre-swim team are in the deep end.

If your child is registered for a level not appropriate for his/her skills, we will make an effort to place that child in the correct class **only if there is a vacancy**. Do not intentionally register for a level that is not appropriate for your child's skill level. Classes are filled on a first-come, first-served basis. If your desired level class fills, join the online waitlist. There are no make-up days due to personal reasons or weather conditions. We reserve the right to change levels and times. Classes may be canceled if minimum is not met.

Swim Director: Kristi Eager keager6@gmail.com

Location: Useless Bay Golf & Country Club outdoor swimming pool.

SCHEDULE IS TENTATIVE!

Level 1 – Min 3/Max 4

Level 2-6 – Min 3/Max 5

SESSION 1: JULY 3-13

LEVEL 1-4,6:

Mon-Thu | July 3-13 | 9:30-10am | \$125

LEVEL 1-5:

Mon-Thu | July 3-13 | 10:05-10:35am | \$125

LEVEL 1-5, PT:

Mon-Thu | July 3-13 | 10:40-11:10am | \$125

SESSION 2: JULY 17-27

LEVEL 1-4,6:

Mon-Thu | July 17-27 | 9:30-10am | \$125

LEVEL 1-5:

Mon-Thu | July 17-27 | 10:05-10:35am | \$125

LEVEL 1-5:

Mon-Thu | July 17-27 | 10:40-11:10am | \$125

Summer FUN & SAVINGS

Begin At Island Thrift

APPAREL • SPORTING GOODS • BOOKS • OUTDOOR MERCHANDISE

island thrift
The Store with the Big Heart

600 SE Barrington Drive
Oak Harbor
(360)675-1133

Hours: Mon-Sat 9am-5:30pm
Donation Hours:
Tues, Thurs, Sat
9am-12pm

SESSION 3: JULY 31-AUGUST 10**LEVEL 1-4, 6:****Mon-Thu | July 31–Aug 10 | 9:30-10am | \$125****LEVEL 1-5:****Mon-Thur | July 31–Aug 10 | 10:05-10:35am | \$125****LEVEL 1-5, PT:****Mon-Thu | July 31–Aug 10 | 10:40-11:10am | \$125**

Note: Needs-based scholarships are available! Call Skye at 360-221-6788 for info, and plan on applying at least 2 weeks prior to registration opening.

About Kristi Eager

Kristi Eager has been teaching lessons since 1988 and has coached swimming since 1995. She served as the assistant age group coach at Samena Swim Club in Bellevue and assistant coach for the women's swim team at Eastlake High School. Kristi now coaches the South Whidbey Island Masters and founded the South Whidbey Swim Club. Kristi has a degree in Physical Education, is a Level 3 USA swim coach and Level 2 Masters Swim Coach. She is a member USA swimming, USMS and ASCA. She swims with South Whidbey Island Masters and often competes in pool meets, open water races and triathlons.

~~PARENT-TOT SWIM CLASS CANCELED~~**~~TOTS AGES 1-3, WITH AN ADULT~~**

~~The emphasis of this program is to help young children relate to the water with comfort, to build self-confidence and to have fun. Children and parents will sing songs and play games that introduce basic skills such as blowing bubbles, floating and kicking. We require that one parent/adult guardian enter the water with each child and support/hold them up in the water. Children who wear diapers outside of the water must wear water diapers and plastic diaper covers while in the pool.~~

~~**Location:** Useless Bay Golf & Country Club outdoor swimming pool.~~

Parent-Tot – Min 3/Max 6**Mon-Thu | July 3-13 | 10:40-11:10am | \$125 per tot****Mon-Thu | July 31–Aug 10 | 10:40-11:10am | \$125 per tot****OUTDOOR ADVENTURES****ADULT SAILING LESSONS****Learn to Sail with the South Whidbey Yacht Club!****ADULTS 18+, BEGINNING-INTERMEDIATE**

Come feel the wind on your face, breathe the fresh air and learn how those little boats actually get from place to place using only the wind. It's easy and fun. We know it's one of those things you always wanted to do – so here is your chance!

Three sessions of the U.S. Sailing Course for

Beginning Sailing are being offered by the South Whidbey Yacht Club.

On-the-water instruction will be in Pelican or Lido sailboats. An email with program adjustments will be sent out ~7 days in advance of lesson. A detailed description of program and your responsibilities can be found at www.swyachtclub.org/adultprogram-moreinfo/.

Instructors: South Whidbey Yacht Club's Head Instructors are U.S. Sailing certified and will be assisted by experienced dinghy sailors. Sufficient staff will be on hand to ensure each participant receives personal attention.

Location: Lone Lake

Sat-Sun | June 3-4 | 10am–4:30pm | \$250***Mon-Thu | June 5-8 | 2-4:30pm | \$250*****Sat-Sun | June 10-11 | 10am–4:30pm | \$250***

**\$50 discount for SWYC members.*

Friday, June 9, will be reserved as a make-up day, if a day of instruction is canceled for weather reasons.

Note: See Page 12 for youth sailing.



WHIDBEY TELECOM

Summer Nights Series

Happy Hour every Fri & Sat, 5 - 7 pm, beginning June 23rd

From July 1 to August 26
we are happy to invite you back to our
SUMMER NIGHTS SERIES
featuring concerts, festivals, and community
under the big tent and on the main stage!

Whidbey Island Center for the Arts | WICAonline.org



CONCERTS IN THE PARK

FUN FOR ALL AGES

South Whidbey Parks and Rec will be hosting the Whidbey Telecom Concerts in the Park series evenings this summer. Around 250 folks turn out each evening, taking advantage of a beautiful park setting and great music. These concerts foster strong connections, providing opportunities for our community to enjoy a high-quality evening of musical entertainment together. Don't miss out on this opportunity to catch a show! Bring a picnic dinner, grab a blanket or lawn chair, and invite your family and friends to this FREE concert series!

WED | July 5, Aug 2, Aug 16 | 6-7:30pm

**Band schedule will be updated at
www.swparks.org/concert**

SUMMER CAMPS

YOUTH SAILING CAMP

Learn to Sail with the South Whidbey Yacht Club!

AGES 10+

Don't miss out on this amazing opportunity to learn to sail! This day camp teaches kids from ages 10+ and up the basics of sailing. Each student will be assigned their own boat in each weekly session. The course combines shoreside learning with lots of hands-on, on-the-water sailing experience. Campers will learn boating safety, basic seamanship and knot tying. The focus is on sailing and having fun.

Requirements: Each student must demonstrate the ability to stay afloat for 2 minutes without a life jacket at the orientation. Intermediates must be ages 12 years old and achieved a level 2 competency or by permission of the Program Director.

A welcome message will be emailed about one week out with last minute details or changes. A more detailed description of

program and your responsibilities can be found at www.swyachtclub.org/youth-programs Register with South Whidbey Parks and Rec.

Instructors: Our head instructors are U.S. Sailing certified and will be assisted by experienced dinghy sailors. Sufficient staff will be on hand to ensure each participant receives personal attention. Our priorities are safety, then fun & learning.

Location: Deer Lake, check website for details.

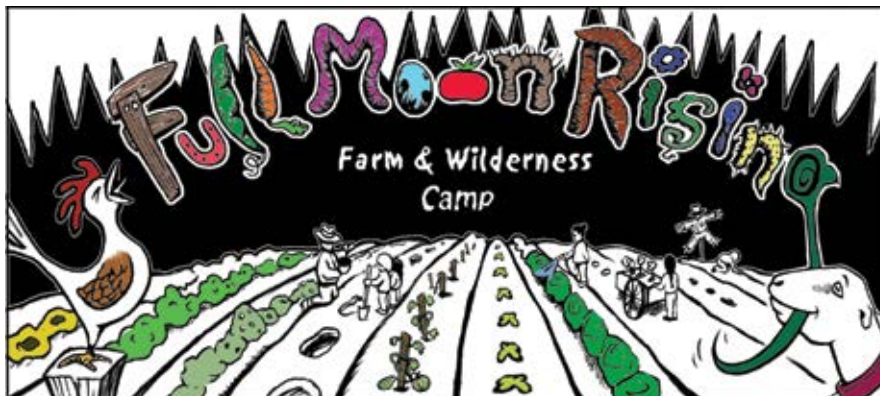
Beginning Camp meets the first day at Deer Lake Park at the end of Bucktail Rd. for swim assessment and orientation, then that afternoon and the rest of the camp will be at the separate sailing site at Deer Lake. Returning sailors do not need to be assessed again, but should attend this orientation. Parents and drivers are encouraged to join us at the orientation.

Intermediate Camp will meet directly at the sailing site. Students will have 2 person boats available. These boats will promote teamwork and set up for skills needed in high school and college sailing programs. Lasers will be available.



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Camp registration
is now open for 2023
Camps & Workshops
for ages 5-14
Visit
www.fullmoonrisingfarm.org
for detailed information

BEGINNING (AGES 10-15, LEVEL 1)**Mon-Fri | July 10-14 | 9am-2:30pm | \$200*****Mon-Fri | July 17-21 | 9am-2:30pm | \$200*****Mon-Fri | July 24-28 | 9am-2:30pm | \$200*****INTERMEDIATE (AGES 12+, LEVEL 2)****Mon-Fri | July 10-14 | 9am-2:30pm | \$200*****Mon-Fri | July 17-21 | 9am-2:30pm | \$200***** \$50 discount for SWYC members.***MAGIC CAMP!****AGES 7-12**

Learn magic with the innovative national education program, Discover Magic, specially designed to teach key life skills through the process of learning to perform magic. Camp will teach magic and valuable social interaction skills. Kids will be engrossed in learning and performing magic while developing communication skills, self-discipline, and confidence. Visit www.jrrussellmagic.com for more info. Magic Camp features custom created props, top secret private files, and special bonus material kids (and parents) can unlock with a secret code after class. The tricks are designed for first time learners that will not only fool adults, but will develop and unlock exciting possibilities in every child.

Bring: Water bottle.

Instructor: JR Russell, Professional Magician, Seattle Magician of the Year, and youth leader in the Society of American Magicians, and the International Brotherhood of Magicians. jr@jrrussellmagic.com

Location: SWPRD Headquarters, Room 111 and/or back patio

Mon-Fri | June 19-23 | 3-5pm | \$225***Mon-Fri | June 26-30 | 10am-noon | \$225***

**Includes custom magic props, folders, secret files, and secret video links.*



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UNDERWATER ROBOTICS CAMPS WITH ATLANTIS STEAM

Atlantis STEAM (Science, Technology, Engineering, Arts, and Mathematics) is a local non-profit that offers classes in underwater robotics. Learn the basics of ROVs (Remotely Operated Vehicles) and become familiar with buoyancy, thrusters, and manipulators as well as motor control

and electrical circuits. Some classes will provide the opportunity to test ROVs in local waters.

Bring: Lunch, snack, weather appropriate clothing & hat (outdoor classes)

Instructor: Ash Bystrom, atlantissteam@gmail.com

Location: Atlantis STEAM, 9289 Hwy 525, Clinton

For full class descriptions, visit www.swparks.org/robotics

BEGINNING UNDERWATER ROBOTICS CAMP

GRADES 4-6

Mon-Fri | July 17-21 | 9am-2pm | \$295

BUILDING UNDERWATER ROBOTS CAMP

GRADES 7-9

Mon-Fri | July 24-28 | 9am-2pm | \$295

INTERMEDIATE UNDERWATER ROBOTICS CAMP

GRADES 4-9

Mon-Fri | July 31-Aug 4 | 9am-2pm | \$295

Mon-Fri | Aug 14-18 | 9am-2pm | \$295

Prerequisite: Beginning Underwater Robotics or permission of Instructor

EXPLORING WHIDBEY WATERS WITH UNDERWATER ROBOTS

GRADES 7-10

Mon-Wed | Aug 7-9 | 10am-2pm | \$200

INTRO TO COMPETITION UNDERWATER ROBOTICS

GRADES 5-10

Mon-Fri | Aug 21-25 | 9am-2pm | \$325

Requirement: Serious intent to compete on underwater robotics teams during the 2023-2024 school year. Robotics experience not required but those with experience in STEAM, and non-tech graphic artists and writers and science communicators, are encouraged to participate.

ROWING CLINIC

ADULTS AND TEENAGERS, AGES 13+

Offered by the Island Rowing Association (www.islandrowing.com), this total-body workout will strengthen arms, legs, and core while increasing cardiovascular endurance as well as provide the fun and enjoyment of being out on the water. Little or no rowing experience required. We teach new rowers to scull (rowing with 2 oars with 1-3 other people) in stable boats so they can more quickly understand the mechanics of rowing, gaining flexibility and independence for your future endeavors in the sport. During class participants will learn about the different types of rowing equipment and vocabulary. The first class may be partially land-based. Once basic skills are acquired, we progress to the on-the-water portion where participants receive instruction rowing in a scull with two oars. Participants must be able to swim independently.

44th ANNUAL
Coupeville Lions Club
GARAGE SALE

Saturday, July 1, 9am-4pm
Sunday, July 2, 9am-12pm
Preview: Friday, June 30, 3-6pm

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www.CoupevilleLions.org

Bring: Tight fitting clothes, hat, glasses, water shoes / athletic shoes that may get wet, towel, water. Rowing equipment and personal floatation devices provided (please note size height and weight on registration)

Instructors: Island Rowing Association U.S. Rowing certified coaches. Email info@islandrowing.org

Location: Freeland Park, 1535 E. Shorewood Dr, Freeland

Fri-Sat | June 23-24 | 8:30-10:30am | \$80

SKIM SKOOL SKIM CAMP

AGES 5-18

Enjoy the unparalleled freedom and simplicity of riding the glide in some of the best skimboarding conditions in the country. Whidbey Island has been a mecca for skimboarding since laminated plywood was invented. The Jack'd Boards Crew will provide basic FUNdamental skills needed to ride the glide of the tide. Students will master proper techniques collaborating as a group. Once we build a solid foundation, focus will shift towards exclusive one-on-one time with instructors, expanding expertise regardless of past experience with the new and innovative sport of skimboarding. We skim rain or shine so please be prepared for any type of weather.

Bring: Towel, water, snacks, weather appropriate attire for beach conditions, and a skimboard. If you do not have one, we will provide a few loaner skimboards but you will likely have to share. Please indicate at registration if you need a loaner board. Must be able to swim

Instructors: Auston Reisman and Riders of the Jackd Boards Crew. jackdboards@gmail.com

Location: Double Bluff Beach

Sat/Sun | July 15-16 | 10am-noon | \$125*

SKIMBOARD PAINTING WORKSHOP

AGES 5-18

Paint your own one-of-a-kind skimboard and have it finished professionally by the Jackd Boards crew. Embark on a journey to learn the basic techniques for painting with acrylic, watercolor, pencil, pen, airbrush, screen printing, and freestyle techniques. Each participant will be provided with a blank skimboard; the magic begins as each

student creates their own masterpiece using one or all of the techniques available (once class begins parents will kindly be asked to leave the painting area, which allows for full creative freedom without inhibition). Upon completion of the class boards will be ready for pickup in July.

Bring: Sketches of your design ideas and clothes that are ok to get covered with paint.

Instructors: Auston Reisman and Riders of the Jackd Boards Crew. jackdboards@gmail.com

Location: Doghouse at Community Park

Sat | Jun 10 | 12:30-2:30pm | \$125*

** Bundle and Save! For only \$220 you can do the Skimboard Paint Workshop AND Skim Skool. Sign up by registering for Skim Skool and choosing the "Bundle" option.*

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PADDLESPORT CAMP

AGES 11-15

No previous paddling experience is needed for this fun-filled water orientated camp! Participants should expect to get wet and have fun while learning from experiential exercises and interactive games using both kayaks and stand-up paddleboards. By the end of the week, campers will have a strong foundation of water safety principles and how to be an asset on the water. Participants must be able to swim and be comfortable in deep, over-your-head water while wearing a personal flotation device (lifejacket).

What is Provided: kayak, paddle board, life jacket, paddle, and safety equipment.

What to Wear & Bring: Wear comfortable clothes that can get wet (like quick-dry synthetics) and/or a bathing suit. Bring a hat with a brim, sunscreen, bottle of water, towel, any required medications and dry clothes to change into after camp (optional).

Instructors: Whidbey Island Kayaking guides, who are certified instructors and have experience and enthusiasm for leading programming for youth.

Location: Goss Lake

Rain-Out Plan: Camp will only cancel due to heavy rain/electrical storm and it would not be rescheduled.

Mon-Fri | July 3-7 | 2-4:30pm | \$145

Mon-Fri | July 10-14 | 2-4:30pm | \$145

VOLLEYKIDS

Indoor or Outdoor!

ENTERING GRADES K-7

Dive into summer volleyball with us! All the basic skills will be covered, and most important, all campers will learn to love the sport. Our camp instructors will consist of current and past South Whidbey High School coaches and players. The camp is designed for beginning to intermediate players, and will incorporate essential life lessons such as teamwork and sportsmanship.

Bring: Athletic clothing, sneakers, water, snacks, knee pads (optional), sunscreen (for outdoor session)

Coaches: SWHS Head Coach Mandy Jones (mjones@sw.wednet.edu) and Assistant Coach Meggan Lubach, developed VolleyKids and have taken the energy and excitement of this great team sport and put it together into a fun-filled summer program with a positive atmosphere.

INDOOR VOLLEYKIDS

Location: South Whidbey High School

Mon-Thu | July 17-20 | 10am-12:30pm | \$110

OUTDOOR VOLLEYKIDS

Location: Community Park

Tue-Thu | Aug 15-17 | 10am-12:30pm | \$95

FUTURE FALCONS SUMMER BASKETBALL CAMPS

ENTERING GRADES 5-9

A fundraiser for the Boys Basketball account of the SWHS Athletics Booster Club.

Level up your skills and abilities alongside other aspiring hoopers with instruction from former high school and collegiate student-athletes at these can't miss summer skills camps. Whether you are just getting into hoops, preparing for an upcoming season, or looking to add layers to your game, these Future Falcons camps are for you!

Bring: Water, snacks, athletic clothing and shoes.

Coaches: Kevin Tempest (Mercer Island '02, Lehigh University '06) and former SWHS high school and collegiate student-athletes

Location: SWHS Gym

Whidbey Plein AIR Paintout 2023

August 18 Reception
Pacific NorthWest Art School
15 NW Birch St,
Coupeville, WA

August 19-20
Weekend Exhibition & Sale
Pacific NorthWest Art School

Katherine Leigh Holley
Katherine Leigh Holley
Karen Bakke
Karen Bakke
Mike Wise, Juror

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SESSION 1 (FUN-DAMENTALS)

ENTERING GRADES 5-7

Sun | July 9 | 1:30-4:30pm

Mon-Tue | July 10-11 | 9:30am-12:30pm | \$95*

ENTERING GRADES 8-9

Sun | July 9 | 5:30-8:30pm

Mon-Tue | July 10-11 | 1:30-4:30pm | \$95*

SESSION 2 (SCORING THE ROCK)

ENTERING GRADES 5-7

Wed-Fri | July 12-14 | 9:30am-12:30pm | \$95*

ENTERING GRADES 8-9

Wed-Fri | July 12-14 | 1:30-4:30pm | \$95*

*Includes reversible jersey with custom logo

TENNIS CAMPS

AGES 5-18

Learn tennis and have fun on the court! We teach tennis strokes, strategy, and life-skills through sportsmanship, self-scoring, and self-awareness. Players will be divided into groups based on abilities and ages. Players of all abilities are welcome.

Bring: Appropriate clothing for the weather. Wear hats and sunscreen, and bring water. Loaner rackets and all equipment provided.

Instructor: Karyle Kramer (karyle.kramer@gmail.com) and staff, including college and high school players.

Location: SWHS Tennis Courts.

**All classes Min 6/Max 24
(6-8 players per court)**

AGES 6-10

Tue/Wed/Thu | June 27-29 | 8:30-9:40am | \$45

Tue/Wed/Thu | July 11-13 | 8:30-9:40am | \$45

Tue/Wed/Thu | July 25-27 | 8:30-9:40am | \$45

Tue/Wed/Thu | Aug 8-10 | 8:30-9:40am | \$45

AGES 11-15

Tue/Wed/Thu | June 27-29 | 9:50-11am | \$45

Tue/Wed/Thu | July 11-13 | 9:50-11am | \$45

Tue/Wed/Thu | July 25-27 | 9:50-11am | \$45

Tue/Wed/Thu | Aug 8-10 | 9:50-11am | \$45

HIGH SCHOOL DRILLS & SKILLS

(for intermediate & advanced players entering grades 9-12)

Tue/Wed/Thu | June 27-29 | 11am-noon | \$32

Tue/Wed/Thu | July 11-13 | 11am-noon | \$32

Tue/Wed/Thu | July 25-27 | 11am-noon | \$32

Penn Cove Water Festival

May 13th 2023

11:00 AM-5:00 PM



Tribal Canoe Races, Music, Dancers,
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Coupeville, Washington
Whidbey Island

penncovewaterfestival.com
penncovewaterfestival@gmail.com



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LEVO SOCCER CAMP

June & August Camps!

AGES 4-14

Join an unforgettable experience at Levo Sport's youth soccer camp this summer! Levo Sport's highly skilled team of former professional and collegiate coaches are excited to host two camps. Our camp will focus on technical training, small-sided games, and most importantly, having fun!

All levels of players are welcome to attend, and our high intensity, focused, and positive environment will emphasize technical skill development on the ball. Expect to walk away from camp as a much-improved player while having a blast with new and old friends alike. Don't miss out on this opportunity to take your game to the next level! All campers receive a Levo soccer ball and sublimated polyester training shirt.

Bring: Water, snack, and athletic shoes (preferably soccer cleats).

Instructors: Former collegiate, pro, and international soccer players

Location: South Whidbey Sports Complex

Mon-Thu | June 26-29

Sign up at swlevocamp.itemorder.com

Mon-Thu | Aug 14-17

Sign up at swlevocamp2.itemorder.com

Ages 4-5 | 9-10am | \$65

Ages 6-7 | 9:30-11am | \$85

Ages 8-10 | 10am-noon | \$105

Ages 11-14 | 10am-1pm | \$145

Host Families Needed

For International Soccer Coaches!

Visiting coaches stay with local families during Challenger's International Soccer Camp. Host families will provide a memorable and international learning experience for their family, and receive an \$80 rebate toward their camp fees.

Contact Kevin Comer for more information; jdrew@challengersports.com

INTERNATIONAL SOCCER CAMP

Challenger Sports Soccer Camps are back this summer!

AGES 3-14

Join the Challenger Sports International coaching team for an exciting and fun packed week of soccer this year right here on Whidbey! Explore the cultures, games and activities of the world's top soccer playing nations through Challenger's unique curriculum and highly energetic coaches. Players will learn tricks, skills and tactics throughout the week and showcase their skills in our ever-popular Camp World Cup!

Each day includes individual foot skills, technical drills, tactical practices, small-sided games, and coached scrimmages. The International Camp curriculum reflects the truly global nature of the sport today and will provide young players with a wide variety of coaching styles, practices, and influences that will help them develop a well-rounded skill set.

Bring: Snacks, drinks, shin guards and sun protection.

Instructors: Challenger coaching staff provides your child with lessons in respect, integrity, and sportsmanship. Campers receive a free camp shirt, camp ball, and personal player evaluation.

Bonus: Register 30 days ahead of camp, you will qualify to receive Early Bird pricing and a free International Soccer Jersey (plus \$7.95 S&H per jersey).

Location: South Whidbey Sports Complex

TINY TYKES: 3-5 YEARS

**Mon-Fri | July 31-Aug 4 | 8-9am |
\$105*/\$125\$**

HALF DAY: 6-14 YEARS

**Mon-Fri | July 31-Aug 4 | 9am-noon |
\$185*/\$215\$**

HALF DAY: 6-14 YEARS

**Mon-Fri | July 31-Aug 4 | 1-4pm |
\$185*/\$215\$**

FULL DAY: 8-14 YEARS

**Mon-Fri | July 31-Aug 4 | 9am-4pm |
\$220*/\$260\$**

Sign up at www.challengersports.com

**Early Bird pricing if registered by June 30.*

\$ There is a \$10 late fee for campers registering within 10 days of the camp start date. \$40 Cancellation Fee 10+ days prior to camp. No refunds for cancellation within 10 days of camp.

Skyhawks Camps

Skyhawks is the country's leader in providing a safe, fun, and skill-based sports experience for kids. Chosen for their strong character, responsibility and capacity to effectively communicate sports skills to youth, Skyhawks coaches will make the extra effort to ensure your child has the best on-field experience.

**REGISTER FOR ALL SKYHAWKS
CAMPS AT SKYHAWKS.COM**

SKYHAWKS MULTI-SPORT CAMP

AGES 7-12

Our Multi-Sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine sports into one fun-filled week. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork.

Included: T-shirt, sport ball and merit award.

Bring: Lunch, snack, water bottle, weather appropriate clothing, athletic shoes and sunscreen.

Location: Community Park

REGISTER ONLINE AT SKYHAWKS.COM

AGES 7-9

BASKETBALL, BASEBALL & SOCCER

Tue-Fri | June 20-23 | 9am-3pm | \$175

FLAG FOOTBALL, BASEBALL & SOCCER

Mon-Fri | July 10-14 | 9am-3pm | \$209

Mon-Fri | Aug 7-11 | 9am-3pm | \$209

AGES 10-12

BASKETBALL, BASEBALL & SOCCER

Tue-Fri | June 20-23 | 9am-3pm | \$175

Mon-Fri | July 10-14 | 9am-3pm | \$209

FLAG FOOTBALL, BASEBALL & SOCCER

Mon-Fri | Aug 7-11 | 9am-3pm | \$209



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Follow the Orca Network Facebook page for recent whale sighting updates. To report whale sightings or stranded marine mammals, call 1-866-ORCANET.

SKYHAWKS MINI-HAWK® SPORTS CAMP

AGES 4-7

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace.

Includes: T-shirt, sport ball and merit award.

Bring: Snack, water bottle, weather appropriate clothing, comfortable athletic shoes and sunscreen.

Location: Community Park

REGISTER ONLINE AT SKYHAWKS.COM

Mon-Fri | July 10-14 | 9am-noon | \$149

Mon-Fri | Aug 7-11 | 9am-noon | \$149

SKYHAWKS FLAG FOOTBALL CAMP

AGES 5-10

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment.

Includes: T-shirt, poms and merit award.

Bring: Two snacks, water bottle, weather appropriate clothing, football shoes (or comfortable athletic shoes) and sunscreen.

Location: Community Park

REGISTER ONLINE AT SKYHAWKS.COM

Mon-Fri | July 31-Aug 4 | 1-4pm | \$155

SKYHAWKS TRACK & FIELD

AGES 6-12

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a focus on fun! Using special equipment, our exercises and drills will prepare athletes for

cross country, track and field events and distance running, while inspiring a love for running and being active. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet!

Included: T-shirt and player evaluation.

Bring: Two snacks, water bottle, weather appropriate clothing, running shoes, and sunscreen.

Location: South Whidbey – Specific location TBA

REGISTER ONLINE AT SKYHAWKS.COM

Mon-Fri | July 31-Aug 4 | 9am-noon | \$149

DAY CAMPS AT MAXWELTON OUTDOOR CLASSROOM (Whidbey Watershed Stewards)

FOREST FRIENDS

AGES 4-5

Cultivate natural wonder and forest confidence in this engaging four-day forest adventure. Explore forest ecosystems and how to navigate forest terrain safely and with self-assurance. Attendees will gain experience in trail navigation, animal habitats, water systems and forest protection. Crafts and hands-on activities connect campers to their natural surroundings and ignite creativity.

Bring: Water, outdoor appropriate clothing including closed toed shoes, snacks & lunch

Instructors: Kelly Shira, kelly.whidbeywatersheds@gmail.com and Megan O'Driscoll Key

Location: Maxwellton Outdoor Classroom – 7015 Maxwellton Rd, Clinton

Min 6/Max 10

Mon-Thu | July 10-13 | 9am-noon | \$150

ANIMAL AMBASSADORS

AGES 6-8

Become a forest animal expert in this exciting five-day forest adventure. Attendees will learn about the incredible creatures of the forest through engaging, hands-on wildlife experiences. Children will study forest mammals, large and small, immerse themselves in the world of insects and birds, and analyze the life cycles of forest reptiles and amphibians. Imagination and wonder abound through real animal encounters,

captivating naturalist talks, and creative projects representing forest fauna.

Bring: Water bottle, outdoor appropriate clothing including closed toed shoes, snacks & lunch

Instructors: Kelly Shira kelly.whidbeywatersheds@gmail.com and Megan O'Driscoll Key

Location: Maxwellton Outdoor Classroom – 7015 Maxwellton Rd, Clinton

Min 8/Max 15

Mon-Fri | July 24-28 | 9am-2pm | \$300

SURVIVAL SCHOOL

AGES 9-11

This camp is for responsible outdoor enthusiasts looking to develop their forest self-sufficiency. Learn foraging skills and water purification techniques through island experts. Create solid shelters that can withstand the elements. Acquire invaluable knowledge from Indigenous cultures and master protective techniques. Evaluate your skills through challenging games & problem-solving situations.

Bring: Water bottle, outdoor appropriate clothing including closed toed shoes, snacks & lunch

Instructors: Kelly Shira, kelly.whidbeywatersheds@gmail.com and Megan O'Driscoll Key

Location: Maxwellton Outdoor Classroom – 7015 Maxwellton Rd, Clinton

Min 8/Max 15

Mon-Fri | Aug 7-11 | 9am-2pm | \$300

DOG CLASSES

K9 NOSEWORK®

Sniffing out fun on Whidbey

HANDLERS 16+; DOGS 4+ MONTHS (ALL VACCINATIONS COMPLETED)

This fast-growing dog sport teaches you how to encourage and develop your dog's amazing natural scenting ability by using its desire to hunt and its love of food, toys, and exercise. Each dog works separately, one at a time, so this is a class for dogs unsuited for a group setting. Classes are offered at all levels, from beginning to advanced dog/handler teams.

Instructor: Georgia Edwards is a nationally certified K9 Nosework® Instructor, AKC

scent work judge, NACSW ORT judge and certifying official, and USCS judge and trial search designer, and the national scent work chair for the American Bouvier des Flandres Club. A retired cancer physician, she first became interested in canine scent discrimination 25 years ago, when her hospital therapy dog was able to identify patients with metastatic breast cancer. k9nosework@whidbey.net

Location: Outdoors at Community Park, "The Doghouse" at Community Park, and off-site field trips.

Schedule: Ongoing weekly offerings for beginning to advanced levels.

See swparks.org/event/dog-nosework for detailed schedule and fees.

SUNDAYS

June 4–July 9 | July 30–Sept 3

TUESDAYS

June 6–July 11 | Aug 1–Sept 5

**Teens welcome with a parent/guardian.*

PUPPY FOUNDATION

Education for your puppy

ADULT HANDLERS, AND PUPPIES AGES 12-WEEKS TO 1-YEAR

As your puppy gets into adolescence, it's even more important to set them up for success by teaching them how to make great choices.

The Puppy Foundation class will work on:

- Household manners – being ok in the house, stopping the nipping and biting, growing calmness and house training
- Inspiring great behaviors
- On-leash behavior – easy walks, core concepts and lessons that build the foundation for this before you step outside
- Off-leash behavior – how to be successful with your dog choosing you over the environment & choosing to hang out with you instead

Pre-requisite: Adolescent dogs, age 12 weeks to a year. Participants must be able to keep physical control of their dog. We reserve the right to restrict any dog's participation for any reason, for the safety of other dogs and participants. Evidence of current vaccinations required.

Bring: Collar, leash, face covering, hand sanitizer, and warm clothes

Instructor: Jan Shannon is a professional

dog trainer certified by Karen Pryor Academy (KPA CTP), and Animal Behavior College (ABCDT) and the Certification Council for Professional Dog Trainers (CPDT-KA). For a full description of education, certification, and philosophy, visit www.modernk9training.com

Location: Community Park 'Dog House', 5495 Maxwellton Road, Langley; classes meet in classroom and outdoors.

Sat | May 20–Jun 24 | 11am–noon | \$235

Sat | July 29–Sept 2 | 11am–noon | \$235

RACE WHIDBEY

WHIDBEY ISLAND TRIATHLON - JULY 22

ADULTS & YOUTH 16+



Registration & Info: www.whidbeytriathlon.com

CHUM RUN 5K - SEPT. 16

ALL AGES

Registration & Info: www.swparks.org/chum-run

Dancing on Whidbey Island

Summer Session:
July 5th – July 28th

Dance Intensive for
Upper Level Dancers
August 7th–18th

Registration begins in May online thru our website islanddancestudio.com or by email at islanddance@whidbey.com

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whidbeyislandkayaking.com
360.221.0229

MAY

- 1 Outdoor Pickleball Begins
- 2 Pickleball Skill Building for Beginners
- 15 Intro to Pickleball
- 18 Open Water Swim Clinic –
Pre-Clinic Info Session (Zoom)
- 20 Puppy Foundation
- 29 **SWPRD Office Closed**

JUNE

- 3 Adult Sailing Lessons
- 3 Drop-In Adult Basketball Begins
- 4 K9 Nosework
- 5 Intro to Nordic Fitness Walking
- 6 Adult Sailing Lessons
- 6 Adult Coed Softball Reg. Deadline
- 10 Open Water Swim Clinic (Goss Lake)
- 10 Skimboard Painting Workshop
- 10 Adult Sailing Lessons
- 11 Open Water Swim Clinic
(Seawall Park Saltwater Clinic)
- 16 Adult Co-Ed Softball
- 19 Intro to Pickleball for Youth
- 19 Magic Camp
- 20 Skyhawks Multi-Sport Camp
- 23 Rowing Camp
- 26 Levo Soccer Camp
- 26 Magic Camp
- 27 Tennis Camp
- 27 Tennis – High School Drills & Skills

JULY

- 1 Guided Saltwater Swim (Bush Point)
- 3 Swim Lessons
- 3 ~~Parent-Tot Swim Class~~
- 3 Paddlesport Camp
- 4 SWPRD Office Closed
- 5 Concerts in the Park
- 9 Future Falcons Basketball
(FUN-damentals)
- 10 Day Camp at the Outdoor Classroom
– Forest Friends
- 10 Skyhawks Multi-Sport Camp
- 10 Skyhawks Mini-Hawk® Sports Camp
(Baseball, Basketball, Soccer)
- 10 Sailing Camp
- 10 PaddleSport Camp
- 11 Tennis Camp
- 11 Tennis – High School Drills & Skills
- 12 Future Falcons Basketball (Scoring the Rock)
- 15 LM 3-on-3 Basketball Tournament

- 15 Skimboard Camp
- 16 Mandala Workshop
- 16 Beginning Drawing with Zentangle
- 17 Beginning Underwater Robotics Camp
- 17 VolleyKids Camp
- 17 Sailing Camp
- 17 Swim Lessons
- 17 ~~Parent-Tot Swim Class~~
- 21 **SWPRD Office Closed for Triathlon Prep"**
- 22 Whidbey Island Triathlon
- 24 Building Underwater Robotics Camp
- 24 Day Camp at the Outdoor Classroom
– Animal Ambassadors
- 25 Tennis Camp
- 25 Tennis – High School Drills & Skills Puppy
- 29 Foundation
- 30 Forest Drawing
- 30 K9 Nosework
- 31 Swim Lessons
- 31 ~~Parent-Tot Swim Class~~
- 31 International Soccer Camp:
Tiny Tykes, Half Day, Full Day
- 31 Intermediate Underwater Robotics Camp
- 31 Skyhawks Track & Field Camp Skyhawks
- 31 Flag Football Camp

AUGUST

- 2 Concerts in the Park
- 7 Day Camp at the Outdoor Classroom
– Survival School
- 7 Exploring Whidbey with Underwater Robots
- 7 Skyhawks Multi-Sport Camp
- 7 Skyhawks Mini-Hawk® Sports Camp
- 8 Tennis Camp
- 14 Intermediate Underwater Robotics Camp
- 14 Levo Soccer Camp
- 15 Outdoor VolleyKids Camp
- 16 Concerts in the Park
- 19 Guided Saltwater Swims – Maxwelton Beach
- 21 Intro to Competition Underwater Robotics

SEPTEMBER

- 4 **SWPRD Office Closed**

ONGOING

- Drop-In Adult Volleyball
- Drop-in Indoor Pickleball

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Bayview Corner Street Dances

Nathaniel Talbot Trio

June 14

PETE

August 9

ROSSaCONN

June 28

Western Heroes

August 23

Rubatano Marimba

July 12

Doctor Savage

September 6

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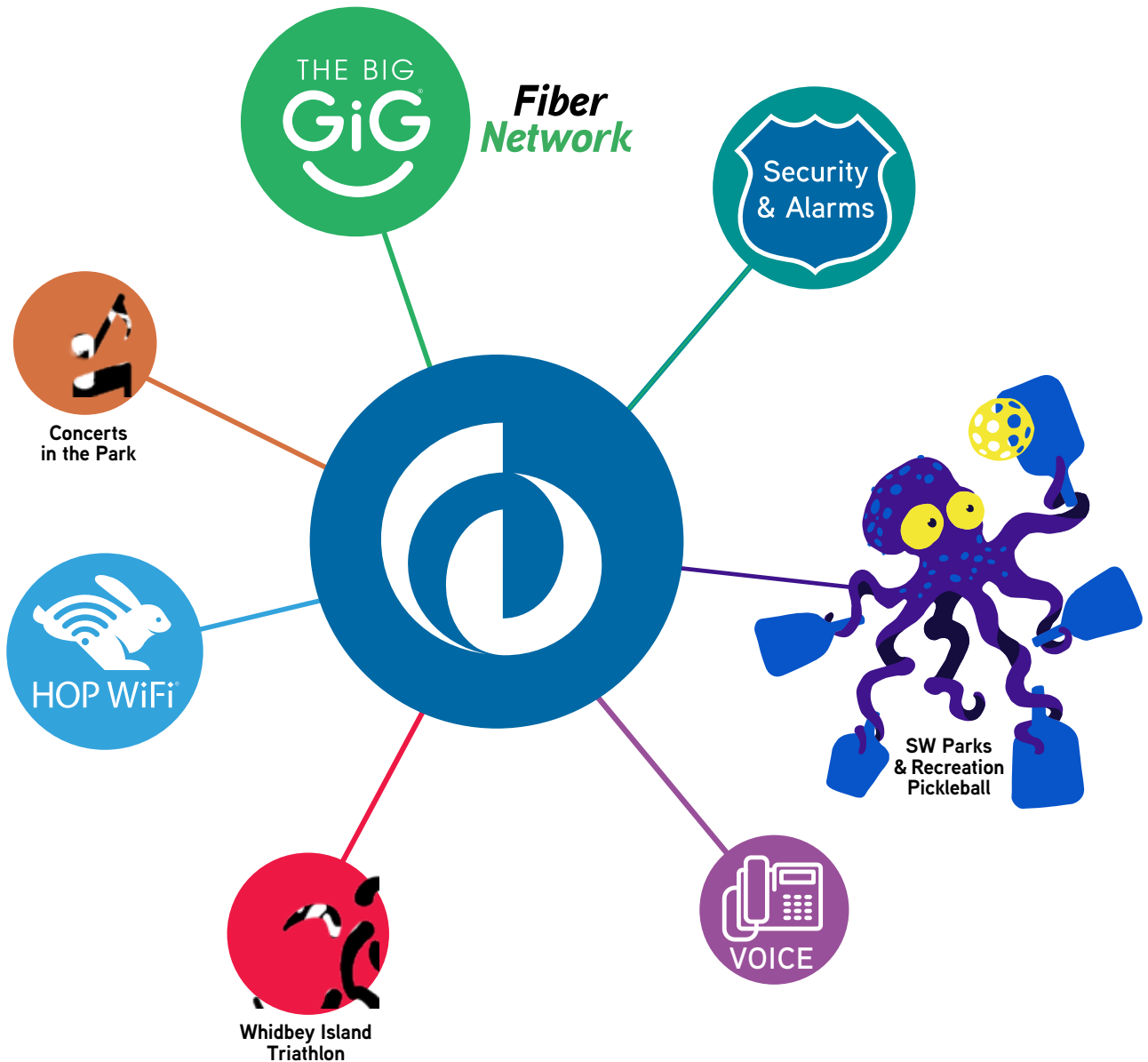
Nick Mardon Trio

July 26



www.rosefoot.org
info@rosefoot.org

Stay Connected!



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